**Cornesha “Nesha” Frizell is a native of East** Waterloo, Iowa and2004 alumna of Jefferson High School in Cedar Rapids, Iowa. Due to hardships of growing up, she quickly developed a passion for helping others and continued her education to become a nurse. In December 2014, she attended Madison College in Madison, Wisconsin and earned her diploma in nursing. Cornesha currently resides in Arlington, Texas and is avidly pursuing and advancing her nursing career as well as providing philanthropy through mentorship and volunteering at local shelters and veteran’s groups.  As Cornesha advances her education in nursing, she plans to become a nationally known author, real estate agent, and entrepreneur. Throughout her career in nursing she has worked with geriatrics, traumatic brain injuries, chronic liver diseases, family medicine, and recently served aboard in Costa Rica giving care to under-served communities. She has a great passion in mentoring and teaching clinical and critical thinking skills to those who are pursing and/or have the desire to obtain a career in the medical field. During her leisure time she enjoys traveling, spending time with family and friends, styling hair, doing make-up, and reading. One of her favorite quotes that she believes and often accredits to her drive is “hardships are a blessing because they mold a hunger to succeed.”